### **Six weeks series**

FA

Preaching -Pastor Shawn Ketcheson





## **Strong Families Fight Well** Philippians 2:4



### Each of you should look not only to your own <u>interest</u>, but also to the <u>interests</u> of others. Philippians 2:4





Why It Is Hard to Fight Well:

1. When a person is mad, their I.Q. drops by <u>20 points.</u>

2. When I am mad, I am stupid.





#### The Five Ways to Fight:

I <u>leave.</u>
I look out for <u>myself.</u>
I let you <u>win.</u>
I give a little to get a <u>little.</u>
We look out for <u>each other.</u>





### The Anatomy of a Fight:

### 1. The issue.

2. The relationship.



TO SAVEA	FAMILY Issue	Value	
	I look out for myself I give	We look out for each other a little	hip Value
		a little I let you win	Relationship Value

# TO SAVE A FAMILY The F.I.G.H.T. Method

**F** <u>Figure out</u> the issue.

I <u>Identify</u> each person's needs.

**G**<u>Generate</u> solutions.

H Have prayer together.

T <u>Take responsibility</u> for the solutions.





**Fighting Principles:** 

# 1. When there is a problem <u>take the</u> <u>initiative.</u>

Matthew 5:23-24

Matthew 18:15





## 2. Talk to <u>God</u> before you talk to the other person.

Philippians 4:6





### 3. Work on <u>yourself</u> before you work on the other person.

Matthew 7:3-5





## 4. Solve the problem <u>soon</u>, but don't fight while you're mad.

**Ephesians 4:26** 





Family Assignment:

- 1. Pick a fight this week.
- 2. <u>Teach</u> the F.I.G.H.T. method.
- 3. <u>Tell</u> this to a friend.
- 4. <u>File</u> your notes where you can find them.

